



# FTAAAD QUARTERLY NEWS

October–December 2019 Volume 7 Issue 4

## FROM THE DIRECTOR

This year the Tennessee Area Agencies on Aging and Disability had the honor of hosting the annual Southeastern Association of Area Agencies on Aging (SE4A) conference in Nashville, and we couldn't be more proud of the hard work that everyone across the state provided to make sure that the conference was a success.

Thank you to the Conference Partners: Tennessee Commission on Aging and Disability, Tennessee Federation for the Aging, and Tennessee Elder Justice Conference.

The conference was held at the Gaylord Opryland Hotel and featured presenters and attendees from all nine SE4A member states. There were more than 600 total attendees for the four-day conference, surpassing all expectations.

The first day included full-day

intensive classes, as well as the opening session with inspirational speaker Derek Young and the opening reception. The next morning, Tennessee Governor Bill Lee welcomed attendees to the state, followed by a popular panel on elder abuse featuring Paul Greenwood, Lisa Zavogiannis, Greg Gonzales and David Rausch.

Tuesday featured two AIRS exam opportunities, and an opening session with Mary Lazare, Sandy Markwood and Bob Blancato. And Tuesday evening gave attendees a chance to experience Nashville's musical heritage with an Elvis impersonator and a live country western band for Honky-Tonk Night.

Wednesday's closing session included a demonstration of the Senior Brain Games, as well as the call to conference for North Carolina's 2020 conference.

—Kathy Whitaker, Director

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## SAVE THE DATE! 32nd Annual Conference on Aging & Silent Auction

April 28, 2020  
MeadowView Conference Resort  
& Convention Center

## KEY DATES

### NET-VAC Meeting

October 2, 9:30 am  
Trinity Assembly of God,  
617 University Pkwy., Johnson City

### NET-VAC Meeting

November 6, 9:30 am  
Trinity Assembly of God,  
617 University Pkwy., Johnson City



## ALZHEIMER'S AWARENESS MONTH

The month of November is known as Alzheimer's Awareness Month. President Ronald Reagan made that designation in 1983 and it is something that is still recognized today. According to the Alzheimer's Association, at that time there were fewer than two million people with the disease. Through the years that number has grown to more than five million.

Alzheimer's Awareness Month brings community leaders, people with dementia, caregivers, family, medical professionals, researchers and media together to advocate for outreach and a cure.

There are several ways you can participate in Alzheimer's Awareness Month. Contact the Alzheimer's Association for more information.

—Courtesy of Alzheimer's Association

## BRAIN GAMES WINNERS!

Congratulations to the Church Hill Senior Center Golden Nuggets for their win at the Regional Senior Brain Games in Knoxville on October 3, 2019.

The Golden Nuggets won the First District Senior Brain games tournament in Johnson City August 22, sending them on to Knoxville to compete for the Regional (Sub-State) title.

This was the Golden Nuggets' third trip to the Regional tournament, and this year's win means they are heading to the State Finals!

—Courtesy of Teresa Sutphin

## 2019 SE4A CONFERENCE AT A GLANCE



Governor Bill Lee opened the Conference, held in Nashville



Conference sponsors enjoyed heavy foot traffic from 600+ attendees



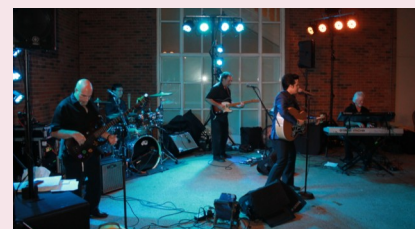
Attendance surpassed all expectations!



Honky-Tonk Night brought out everyone's inner cowboy



Forty-three different workshops were offered for attendees



The Dantones played classic country and rock hits at Honky-Tonk Night



### MYRIDE VOLUNTEER TRANSPORTATION

- **Johnson County** 423-460-6012  
\$25/annual fee plus \$6 per round trip
- **Jonesborough** 423-788-4770  
\$20/annual fee plus \$4 per round trip
- **Kingsport** 423-530-6340  
\$20/annual fee plus \$4 per round trip

Questions? Contact Lee Gay at 423-722-5100 or lgay@ftaad.org.





## PUBLIC GUARDIAN NEWS

Please join us in welcoming Tracy Kissel, the new Public Conservator Support Assistant to the Public Guardian/Conservatorship program at FTAAAD. Tracy has more than 25 years' social work experience and will be working with Conservator Wanda Martin and Assistant Conservator Karrie Erick.

Tracy will be completing monthly visits with clients and assisting with other duties related to the public conservatorship program.

—Courtesy of Wanda Martin

## SENATOR RUSTY CROWE HONORED BY SE4A

Senator Rusty Crowe received the Southeastern Association of Area Agencies on Aging's Aging Impact Award at the 2019 SE4A Annual Conference in Nashville.

The award is presented annually to those who have "made a significant impact on the quality of life for older adults through advocacy, public policy, program development and cultural enhancement."

Crowe has been a dedicated advocate for older adults. This year

he sponsored legislation to establish a dementia-focused advisory council and a task force on elder abuse, as well as strengthening penalties for elder abuse.

—Courtesy of Kathy Whitaker



## MEDICARE UPDATE

**Medicare's Part D Annual Enrollment Period is October 15 to December 7.** This is the period each year when Medicare beneficiaries can join, switch or drop their Medicare Part D or Medicare Advantage coverage.

Medicare Part D and Medicare Advantage plans change their coverage and costs each year, so it is important to review your plan and other available options every fall.

FTAAAD's Tennessee State Health Insurance Assistance Program (TN SHIP) and ETSU's College of Public Health are partnering to provide free and objective assistance in comparing Part D and Medicare Advantage plans at Enrollment Events at several local community and senior centers.

Trained Medicare counselors will be on hand to assist Medicare beneficiaries and their families in comparing their Part D or Medicare Advantage for 2020. Appointments are preferred for these events.

—Courtesy of Melody Conkin

## 2019 MEDICARE OPEN ENROLLMENT EVENTS

Tuesday, October 15  
9:00 am–12:00 noon  
**Hancock County Senior Center**  
Appointments: 423-733-4253

Friday, October 18  
9:00 am–12:00 noon  
**Johnson City Senior Center**  
Appointments: 423-722-5205

Wednesday, October 23  
9:00 am–12:00 noon  
**Kingsport Senior Center**  
Appointments: 423-392-8400

Thursday, October 24  
10:00 am–12:00 noon  
**Johnson County Senior Center**  
Appointments: 423-727-8883

Friday, October 25  
9:00 am–12:00 noon  
**Kingsport Senior Center**  
Appointments: 423-392-8400

Wednesday, October 30  
9:00 am–11:00 am  
**Elizabethton Senior Citizens Center**  
Appointments: 423-722-5205

Friday, November 1  
9:00 am–12:00 noon  
**Greene County Skills**  
Appointments: 423-722-5205

Wednesday, November 6  
9:00 am–12:00 noon  
**Church Hill Senior Center**  
Appointments: 423-722-5205

Friday, November 8  
9:00 am–12:00 noon  
**Johnson City Senior Center**  
Appointments: 423-722-5205

Wednesday, November 13  
9:00 am–12:00 noon  
**Jonesborough Area Senior Center**  
Appointments: 423-753-4781

Friday, November 15  
9:00 am–12:00 noon  
**Clinchfield Senior Adult Center**  
Appointments: 423-743-5111

Wednesday, November 20  
9:00 am–12:00 noon  
**Rogersville Senior Citizens Center**  
Appointments: 423-272-9186





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## FTAAAD

**First Tennessee Area Agency on  
Aging and Disability**

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**we're on the web:  
[www.ftaaad.org](http://www.ftaaad.org)**

No person shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

The services of the FTAAAD are funded in part by Title III of the Older Americans Act and State funds through grants from the Tennessee Commission on Aging and Disability. Contributions are encouraged to support all programs but no one is refused service for inability to pay.

The FTAAAD is part of the First Tennessee Development District.



Scan our QR code to go  
directly to the FTAAAD  
website

join us on  
**facebook**

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com/ftaaad](https://www.facebook.com/ftaaad)



## PHOTO GALLERY



**Medal winners at the First  
District Senior Olympics  
display their bowling  
awards.**



**Swimming events for the  
First District Senior  
Olympics were held at  
Kingsport's Aquatic  
Center.**



**FTAAAD staff show off  
their country-western  
gear during the SE4A  
Conference's Honky-Tonk  
Night.**