



FTAAAD is part of a nationwide system of agencies which were created as a result of the 1973 amendments to the Older Americans Act of 1965.

The FTAAAD service area includes Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi and Washington counties.

& DISABLED ADULTS

New FTAAAD Services

CREVAA

(Collaborative Response to Elder and Vulnerable Adult Abuse)

Services and support for elder and vulnerable-adult victims of crime. Referrals taken from APS, judicial officials, and law enforcement.

SNAP Outreach

(Supplemental Nutrition Assistance Program/formerly Food Stamps)

SNAP application assistance in person or by phone, as well as community promotion and outreach.

Volunteer Senior Transportation (MyRide TN)

Connecting approved volunteer drivers with older adults requesting standard or door-through-door rides through a subscription-based booking service. Pilot programs initially available in Johnson County, TN and Jonesborough, TN.

First District Senior Centers

Carter County

Elizabethton Senior Citizens Center
428 East G Street
Elizabethton, TN 37643
423-543-4362

Greene County

Roby Fitzgerald Adult Center
203 North College Street
Greeneville, TN 37745
423-639-3128

Hancock County

Hancock County Senior Center
253 Obie Street
Sneedville, TN 37869
423-733-4253

Hawkins County

Church Hill Senior Center
412 East Main Street
Church Hill, TN 37642
423-357-5387

Rogersville Senior Citizens Center
407 East Main Street
Rogersville, TN 37857
423-272-9186

Johnson County

Johnson County Senior Center
128 College Street
Mountain City, TN 37683
423-727-8883

Sullivan County

Bristol Slater Senior Center
325 McDowell Street
Bristol, TN 37620
423-764-4023

Kingsport Senior Center

1200 East Center Street
Kingsport, TN 37660
423-392-8400

Unicoi County

Clinchfield Senior Adult Center
220 Union Street
Erwin, TN 37650
423-743-5111

Washington County

Johnson City Seniors Center
510 Bert Street
Johnson City, TN 37601
423-434-6237

Jonesborough Area Senior Center
307 East Main Street
Jonesborough, TN 37659
423-753-4781



www.ftaaad.org

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No person shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

The services of the FTAAAD are funded in part by Title III of the Older Americans Act and State funds through grants from the Tennessee Commission on Aging and Disability. Contributions are encouraged to support all programs, but no one is refused service for inability to pay.

First Tennessee Area Agency on Aging and Disability



For **Information & Assistance** about local services in your area, please call:

Toll-free: **866-836-6678**
Or **423-928-3258**



First Tennessee Development District
3211 North Roan Street • Johnson City, TN 37601
www.ftaaad.org

First Tennessee Area Agency on Aging and Disability

Our mission is to assist older Tennesseans and adults with disabilities in Northeast Tennessee with information and services that promote quality of life and independence.

HELPING SENIORS

Additional Services Available Through FTAAAD

Call 1-866-836-6678 or 423-926-3258 for more information on these programs, and other services available in your area.

Options for Community Living

Options provides support services to older adults and those with disabilities who do not access services through another program. Options helps individuals with functional limitations to remain at home through services like personal care, home-delivered meals, and homemaker services.

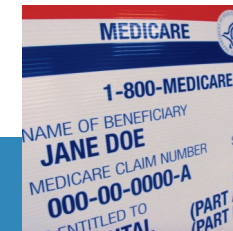
Tax-deductible donations are gratefully accepted for all services through the First Tennessee Development District Foundation. For more information about how you can make a donation to help low-income seniors in Northeast Tennessee, call 423-928-0224.



Information and Assistance (I&A) services inform, guide, direct and link older adults and those with disabilities to needed and available resources. Call **866-836-6678** for I&A.



Public Guardianship helps adults 60 and older who are unable to manage their own affairs, and have no one willing to assume responsibility. People are assigned to this program by the courts.



SHIP (State Health Insurance Assistance Program) provides trained counselors for Medicare, Medicaid and private-insurance counseling, and help with prescription drug programs. Call **877-801-0044** for SHIP.



Family Caregiver Support Program offers caregivers counseling, access to community resources and support services, and help with issues like respite care, stress, and decision-making.

FIND THE LOCAL SERVICES THEY NEED

CHOICES

CHOICES is TennCare's program for long-term care services and supports for elderly or physically-disabled individuals that need help with things like bathing, getting around their home, preparing meals, or doing household chores. If program requirements are met, services can be provided in a nursing home or in the community. FTAAAD is the single point of entry to apply for CHOICES.

Nutrition Programs

Congregate meals are offered five days a week at 16 meal sites around the eight-county service area. Contributions are encouraged, but not required. Call your local senior center to find the nearest site. **Home-delivered meals** are delivered five days a week to individuals who have been assessed and qualified for the service. Call FTAAAD's I&A line for more information on this program.

Transportation

Round trips from home to senior centers, and/or other stops at local grocery stores, etc. Contact your senior center at least 24 hours in advance.

Legal Services

Legal advice and representation are available to help adults 60 and older secure and maintain public benefits, and resolve problems and situations that require the assistance of an attorney.

Evidence-Based Wellness Programs

Free six-week workshops designed to help participants take better control of their health and improve quality of life. Courses include **Living Well with Chronic Conditions**, **Taking Charge of Your Diabetes**, and **Powerful Tools for Caregivers**.

Senior Medicare Patrol (SMP)

Local volunteers educate Medicare beneficiaries on ways to take an active role in the detection, prevention and reporting of healthcare errors, fraud and abuse.

Long-Term Care Ombudsman

The ombudsman serves as advocate for residents of long-term care facilities, and helps resolve issues and complaints against these facilities, as well as ensuring that residents' rights and benefits are protected.